



Support in Sound Music Therapy Research Project



The Tarporley War Memorial Hospital Trust is partnering with the Cambridge Institute for Music Therapy Research, Anglia Ruskin University, to deliver a new 14-week health and well-being initiative in Tarporley and the surrounding villages. The collaboration is focused on implementing group music therapy for people living with dementia and their companions.

Using data and surveys, we will assess:

1. Whether community-based group music therapy can be delivered in rural areas.
2. If there are any potential benefits to the health and well-being of you and your companion in the groups by collecting data from you and your companion.

What to expect:

- 1.5 hours of music therapy for 10-weeks:
- Music listening
- Using instruments
- Group singing
- Tea and cake!
- Completing surveys and data collection before music therapy, during (week 5) and after music therapy



When: Mid October

Where: Tarporley Community Centre,
CW6 0AY

How to get involved:

Contact: Dr Kiera Kenny
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Cambridge Institute for
Music Therapy Research



Supported by

TARPORLEY

WAR MEMORIAL HOSPITAL TRUST

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